

# The Family Journey from Enteral to Oral Feeding A Whole Team Approach

Intensive Feeding Programs for Enteral Tube Weaning and Fussy Feeders

**Date** : 11 and 12 June 2018

**Time** : 8:30am to 5pm

**Venue** : Singapore (to be confirmed)

**Speakers** :

**Emily Lively** (Speech Pathologist)

**Lynly Mader** (Infant Mental Health  
Specialist and Occupational Therapist)

## Over-riding principles :

Family-centred, multidisciplinary mealtime approach to weaning, promoting child autonomy and self – initiation for the child to learn to eat. Incorporating sensory, motor, emotional, relational and nutritional factors into the mealtime in conjunction with tube feed reduction.

## Course content and participant learning objectives:

- Detailed overview of Lively Eaters tube weaning program – philosophy, assessment, weaning program, daily structure, outcomes.
- Case Studies, including extensive video footage showing the different stages of the program being implemented from first involvement with a family to the end of a wean. Children with backgrounds including chromosomal; gastrointestinal; developmental; neurological and no apparent reasons for faltering growth will be presented.
- Engagement of families and the underlying philosophies around this – how to engage families with the process to facilitate change within the home environment. The process of identifying and addressing limiting factors or barriers within family dynamics or parent-infant interactions will be presented as an avenue to ensure generalisation of gains made to full sustainability in the longer term.
- Team consideration & program development – practical considerations for a wean; logistics of weaning children within resource and setting limitations; team roles. Interviews of discipline experience of the approach will be available.
- The intensive program principles for families with fussy eaters including but not limited to children on the Autism spectrum; sensory processing disorder; developmental delay; children with very limited diets who are otherwise developmentally appropriate; the older child with challenging mealtime behaviours and rigid diets.

Information will be presented in both a lecture format and via specific participant request so that content is functional, localised and interactional.

## Workshop suitable for :

Speech Pathologists/Therapists, Occupational Therapists, Dietitians, Paediatricians, Gastroenterologists, other Medical Practitioners, Psychologists, Infant Mental Health Workers, Social Workers, Community based health workers, Special Educators.



### **Speaker:**

## **Ms Emily Lively, Director of Lively Eaters Feeding Services**

- Paediatric Speech Pathologist
- PhD candidate (Flinders University)

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Emily has worked within the area of paediatric feeding for the last 18 years. In addition she has extensive experience in the diagnosis and therapy for children with an autism spectrum disorder as well as supporting families of children with global developmental delay; sensory processing disorder; dysphagia and swallowing disorders; speech and language disorder and motor co-ordination challenges.

Working within a multi-disciplinary team over this time has been vital for developing a holistic view of all the factors which influence a child's ability to learn to eat and drink. Emily strives to bring these factors together by working with all family members to develop oral feeding skills for children who are enterally feed dependant or extreme fussy eaters, through the Lively Eaters Intensive residential feeding program. The outcomes of the Lively Eaters program and the imperative interactions between professional teams and family members have led to her undertaking further research in this area, enrolled as a current PhD student through Flinders University (South Australia).

Emily has lectured on paediatric feeding and tube weaning throughout Australia within hospital departments (medical, nursing and allied health); medical conferences and university programs and frequently provides training sessions to nursing staff, medical practitioners, education support workers and parents. Her work has been show cased at the ASCIA (2015) and ASMR (2016) conferences and her most recent presentation at the Speech Pathology Australia conference (May 2017) saw the statistical outcomes of the Lively Eaters weaning program presented.



### **Speaker:**

## **Ms Lynly Mader, Infant Mental Health Specialist**

- Degree in Occupational Therapy
- Diploma in Infant Mental Health

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Lynly has over 28 years working with families experiencing multiple adversities. In this time she has worked both within Adult and Child Mental health and Paediatric settings, within inpatient, outpatient and community development programs.

Lynly has taught at both at an undergraduate and postgraduate level, with both Medical and Allied Health professionals. Her work has been presented both within Australia and Internationally. She has contributed to several published works that focus on Maternal emotional health and Parent/ Infant relationships.

Within the last 15 years her focus has been on supporting parents whose children have complex medical diagnoses or are in circumstances that have made parenting a challenge.

Lynly has a commitment to respecting the individuality of each child, within each family. Through accessing the relational dynamics of the family, Lynly seeks to help the family create rewarding, sustainable and successful feeding interactions. Many of the families that approach the Lively Eaters program have been caught in spiralling dysfunctional interactional patterns that have been influenced by the trauma of events such as early birth, lengthy hospitalisations, aversive but necessary medical treatments and adjustment to challenging behaviours.

### Course Fee :

- Early-bird (before 31<sup>st</sup> Jan 2018) and SALTS member: **\$910**
- Early-bird (before 31<sup>st</sup> Jan 2018) and non-SALTS member: **\$960**
- Normal Fees (1st Feb 2018 onwards, date inclusive) : **\$1030**

### Cancellation / Refund policy:

1. All cancellations, refund or substitutions must be given in writing to [info@magicbeans.sg](mailto:info@magicbeans.sg).
2. Full refund will be granted for confirmed places before 1<sup>st</sup> April 2018.
3. 50% refund will be granted for confirmed places if the organiser is informed from the period of 1<sup>st</sup> April 2018 to 31<sup>st</sup> of April 2018 (both dates inclusive).
4. Fees are non-refundable for any cancellations for confirmed places from the 1<sup>st</sup> of May 2018 onwards (date inclusive).
5. Fees are non-refundable even if valid medical or relevant documents are produced from the 1<sup>st</sup> of May 2018 onwards (date inclusive).

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Please register at <http://tiny.cc/magicbeans>. Email us at [info@magicbeans.sg](mailto:info@magicbeans.sg) or contact us at +65 8777 3171 should you have any queries.

Registration will only be confirmed after completion of the registration form online and when full payment has been received. Your place at the workshop will not be reserved otherwise. You will receive a confirmation email to confirm registration.



## Contact Details

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