

Vitaflo™ wishes to invite you to a series of 'Ask the Expert' education sessions with Christina Nelms focusing on various topics with regards to the dietary management of paediatric kidney disease.

These will be informal 1 hour sessions, run via Microsoft Teams, were Christina Nelms will present on a specific topic and answer your questions regarding paediatric kidney disease.

The sessions are planned as follows:

1. First 40 minutes - presentation by Christina Nelms on a specific topic.
2. Last 20 minutes - your questions, case study queries and sharing best practice.



Christina Nelms, MS, RDN, LMNT

Paediatric Renal Dietitian & Paediatric Renal Nutrition Educator, Adjunct Faculty, University of Nebraska, USA

Christina is a registered dietitian with over 20 years of experience in paediatrics, primarily working with renal patients. Christina has held several clinical positions, most notably, at Children's Mercy Hospital and clinics in Kansas City.

Christina has been involved with speaking and educating at local, regional, national and international professional renal meetings as well as authoring 3 book chapters and other publications.

She is also a member of the International Paediatric Renal Nutrition Taskforce whose main goal is formulating clinical practice recommendations (CPR) to enable best practice in the nutritional management of children with CKD.

She has been instrumental in setting up and leading the Paediatric Renal Dietitians of North America group also known as PRONA, which is the first professional practice group aimed at serving as the leading source of pediatric renal nutrition expertise, in order to improve patient outcomes, promote community and networking amongst pediatric renal dietitians.



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Web: www.vitafloweb.com

Tel: +44 (0)151 709 9020



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A series of 'Ask the Expert' education sessions with Christina Nelms focusing on various topics with regards to the dietary management of paediatric kidney disease.

These sessions are for all healthcare professionals (dietitians, doctors, nurses) who wish to expand their knowledge on the dietary management of paediatric kidney disease.

These sessions will be held on the following dates and times:

Date and Time	Title
<p>Monday 12th February 2024 8am - 9am BST 2pm - 3pm BST</p>	<p>Getting the balance right: how to meet energy and protein requirements whilst managing serum potassium and phosphate levels in children with CKD Click the link below to register your attendance and select your preferred session:</p> <p>Click here</p>
<p>Monday 10th June 2024 8am - 9am BST 2pm - 3pm BST</p>	<p>Managing weaning for children with CKD Click the link below to register your attendance and select your preferred session:</p> <p>Click here</p>
<p>Monday 9th September 2024 8am - 9am BST 2pm - 3pm BST</p>	<p>Nutrition post kidney transplant Click the link below to register your attendance and select your preferred session:</p> <p>Click here</p>

In order to attend these sessions, please click on the link beside the relevant date.

We look forward to seeing you at the sessions.



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