



SINGAPORE NUTRITION AND
DIETETICS ASSOCIATION

NUTRICONNECT 2026

& 43RD AGM

28th March 2026,
Saturday

9.00 AM -
6.00 PM

Oasia Hotel
Novena

Level B1, Courtyard 1-3
8 Sinaran Dr, #01-02/04, Singapore
307470

**Nutrition and Health Promotion for
Chronic Disease Prevention:
Asian Perspective**

4 CE
POINTS

Full Day Registration

2 CE
POINTS

Half Day Registration

8.30 - 9.00 am

Registration

9.00 - 9:05 am

OPENING SPEECH

Dr. Kalpana Bhaskaran

President, SNDA

9.05 – 9.35 am



**KEYNOTE: FROM EVIDENCE TO EVERYDAY PLATES: ASIAN
– ADAPTED DIETS FOR CHRONIC DISEASE PREVENTION**

Dr. Verena Tan

Associate Professor and Programme Leader, Dietetics and Nutrition Singapore Institute of Technology

9.35 – 10.25 am

**Symposium 1: Cultural Nutrition Patterns &
Community Health Promotion**



SIAM DIET FOR HEALTH AND DISEASE PREVENTION

Dr. Chanida Pachotikam

Assistant Professor, Chairman of the Dietitian Professional Committee. Advisory Board of Institute of Nutrition Mahidol University. Advisory Committee of Thai Dietetic Association.



**DIETARY PATTERNS AND TRENDS IN CHINA: A
30 YEAR ANALYSIS OF THE CHNS COHORT**

Prof. He YuNa

Director, Public Nutrition Division, National Institute for Nutrition and Health, Chinese Center for Disease Control and Prevention, Secretary-General, of Federation of Asian Nutrition Societies (FANS)

10.35 – 11.00 am

TEA BREAK & NETWORKING

11.00 – 11.50 am

**Symposium 2: Disease-Specific Intervention &
Health Education**



**SEEING FOOD IN REAL TIME: HOW CGM CAN
TRANSFORM PERSONALISED NUTRITION**

Dr. Winnie Chee

Registered Dietitian, Professor of Nutrition & Dietetics, Director, Institute of Research, Development & Innovation (IRDI) at IMU University.



**WEIGHT MANAGEMENT FOR LOW METABOLIC
PATIENTS**

Dr. Terry Ho-yan Ting

Assistant Professor of Practice and Continuing Education for the Hong Kong Polytechnic University (HK PolyU) and School of Professional Education and Executive Development Hong Kong Polytechnic University (HK PolyU SPEED)

12.00 – 12.30 pm

SHARING BY SNDA'S CORPORATE MEMBERS





SINGAPORE NUTRITION AND
DIETETICS ASSOCIATION

2
CE POINTS

12.30 – 1.30 pm

LUNCH & NETWORKING
REGISTRATION FOR AFTERNOON SESSION

1.30 – 3.10 pm

Symposium 3: Implementation & Health Promotion Success Stories



WEEKLY NUTRITION EDUCATION AND DAILY SNACK PROGRAM FOR IMPROVING PREGNANCY OUTCOME IN INDONESIA

Prof. Hardinsyah Ridwan

Professor of the Faculty of Human Ecology (FEMA) at Bogor Agriculture University,
President of the Indonesian Food and Nutrition Society (PERGIZI PANGAN), President of
the CSR Society of Indonesia (AP-CSR Indonesia)



IGNITING A 'LESS SALT MORE TASTE' MOVEMENT

Ms. Priscilla Li

Senior Manager, Health Promotion Board



IMPROVING NUTRITIONAL VALUE OF COMMUNITY MADE FOOD PRODUCTS AND STREET FOODS IN THAILAND

Dr. Rewadee Chongsuwat

Associate Professor of the Department of Nutrition at the Faculty of Public Health,
Mahidol University, Thailand, President of the Nutrition Association of Thailand



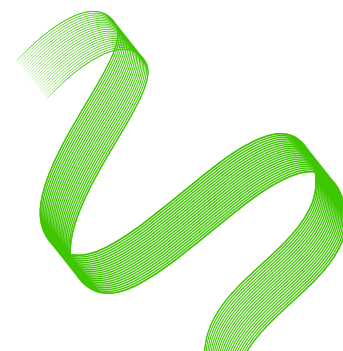
PROMOTING HEALTHIER FOOD ENVIRONMENT - MEALS AWAY FROM HOME

Prof. Tee E Siong

Scientific Director of the International Life Sciences Institute (ILSI) (Southeast
Asia Region), Adjunct Professor of IMU University, Malaysia, Chair of the
Southeast Asia Public Health Nutrition (SEA-PHN) Network, Vice-President of
the Federation of Asian Nutrition Societies (FANS)

3.25 – 3.30 pm

CLOSING REMARKS BY MS. LEE SU YIN,
CE CHAIRPERSON





SINGAPORE NUTRITION AND
DIETETICS ASSOCIATION

43rd Annual General Meeting

3.30 – 4.00 pm	Registration for AGM & Tea Break
4.00 – 4.05 pm	Acceptance of Minutes for 42nd AGM
4.05 – 4.50 pm	President's Annual Report Treasurer's Report Highlights from Subcommittees
4.50 – 5.35 pm	Election of SNDA Committee Members and Auditors
5.35 – 5.55 pm	Any Other Business (AOB)
5.55 – 6.00 pm	Closing remarks

